



## *February is HEART MONTH!*

To promote heart health, **CPR Ohio LLC**, an American Heart Association Training Center, is sponsoring (4) "Family and Friends" CPR Courses for young adults in 5<sup>th</sup> - 8<sup>th</sup> grade.

"Family and Friends CPR" teaches students:

- \* Adult/Child CPR
- \* Adult/Child choking
- \* Infant CPR and choking

*This course offers the opportunity to learn basic CPR in a dynamic group environment. It also uses the research proven Practice-While-Watching method to provide students with the most hands-on CPR practice time possible during the length of the program.*

**Dates: February 8<sup>th</sup> and 9<sup>th</sup>**

**Times: 4:00pm – 6:15pm (Session 1)**

**6:30pm – 8:45pm (Session 2)**

**Location: CPR Ohio (15480 Triskett Ave. Cleveland)**

Pre-Registration is required! Sign up for (1) 2 hour session only! Each class size will be limited to 25 participants

Manuals will be provided by CPR Ohio.

**Best of all this is a *FREE* course!!**

Call **216.251.0747** (or) email us at [info@cprohio.com](mailto:info@cprohio.com) to register.

Authorized Provider  
of CPR and ECC Courses

American Heart  
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Fighting Heart Disease and Stroke